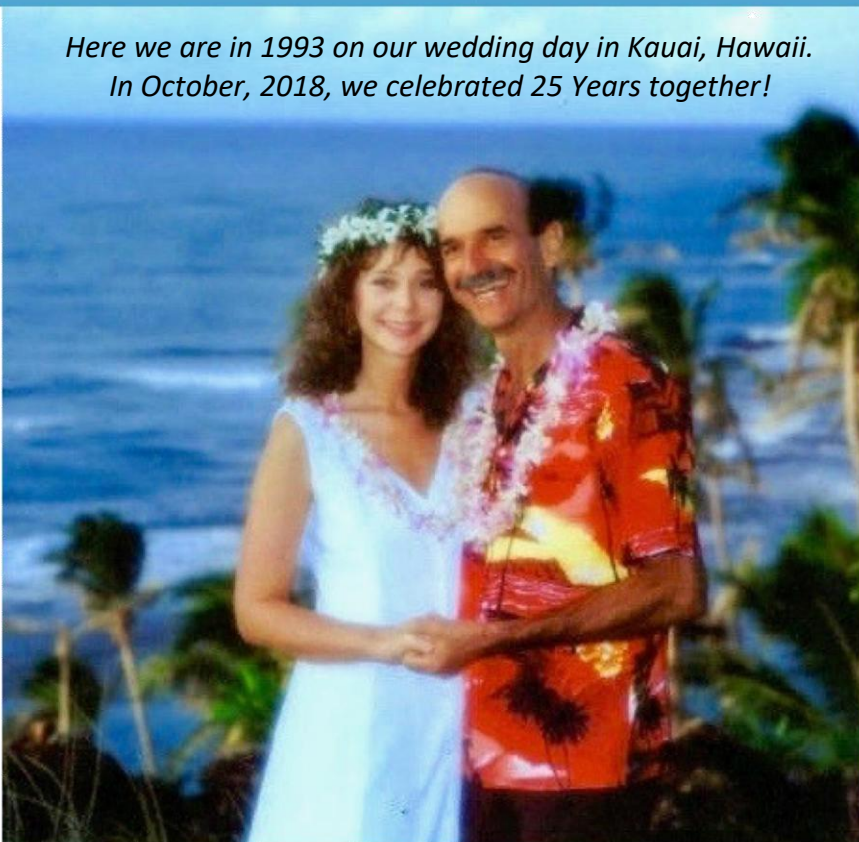


Hello Fellow Truth-Seeker,

How was 2018 for you?

If it was tough on you and those you love, we empathize and understand. 2018 was filled with extraordinary growth and some extraordinary challenges. Your resilience and perseverance are admirable. We're grateful for our connection with you, past or present. You're a blessing in our life! Our yearly collage is our way of capturing some of the memorable experiences we've had, mixed with a dash of wisdom and fun. We enjoy creating it and sharing it with you. Happy New Year!



*Here we are in 1993 on our wedding day in Kauai, Hawaii.
In October, 2018, we celebrated 25 Years together!*



*Our precious Benji.
2001 - 2018*

*"If you can find a path with no obstacles,
it probably doesn't lead to anywhere." ~ Frank Clark*



We respect you so much for committing to your ongoing personal growth, not giving up in the face of difficulties, and for your caring for others. Life is precious indeed. We share these stories and quotes for your inspiration and enjoyment:

Everyone Has a Story

A 24-year-old boy seeing out from the train's window shouted... "Dad, look the trees are going behind!" Dad smiled, and a young couple sitting nearby looked at the 24-year old's childish behavior with pity.

Suddenly the boy exclaimed, "Dad, look the clouds are running with us!" The couple couldn't resist and said to the Dad... "Why don't you take your son to a good doctor?"

The dad smiled and said, "I did, and we are just coming from the hospital. My son was blind from birth; he just got his eyes today."

*Don't judge people before you truly know them.
The truth might surprise you.*

On God's Time

A man walked to the top of a hill to talk to God. The man asked, "God, what's a million years to you?" And God said, "A minute."

Then the man asked, "Well, what's a million dollars to you?" And God said, "A penny." Then the man asked, "God.....can I have a penny?" And God said, "Sure.....in a minute."

Shortcuts don't often give us the meaningful experiences we actually want and need.

Favorite Quotes:

"Be like a postage stamp.
Stick to it until you get there." ~Bob Proctor

"Learn to enjoy your own company. You are the one person you can count on living with for the rest of your life."
~Ann Richards

"When you find people who not only tolerate your quirks but celebrate them with glad cries of "Me too!" be sure to cherish them. Because those weirdos are your tribe." ~A.J. Downey

Thank you for traveling with us on this transformational and beautiful life journey. Be good to yourself. Rest when you can, and don't forget to laugh and have fun. Happy and healthy 2019! With love, Val & Jeanette ❤️

