

**Hello Beings of Light and Love:**

## **Season's Greetings!**

**Community provides a safe place of encouragement and love. It is vital to our well-being. As we all move into this new decade, let us courageously give and receive support so that we can heal and enjoy the adventures and wonders we have yet to experience.**

**Thank you for being a valuable part of our lives.**



**“Let yourself be silently drawn by the strange pull of what you really love. It will not lead you astray.” - Rumi**



For your reading pleasure, here are some of our **Favorite Quotes and an Old Folk Story:**

“The most important decision we ever make is whether we believe the universe is friendly or not.” ~Albert Einstein

“What if in your sleep you dreamed, and what if in your dream you went to heaven, and there you plucked a strange and beautiful flower? And what if when you awoke, you had that flower in your hand? Ah, what then?” ~Samuel Taylor Coleridge

“If the only tool you have is a hammer, then every problem looks like a nail.” ~Abraham Maslow

“There’s a crack in everything. That’s how the light gets in.” ~Leonard Cohen

“Every time you are tempted to react in the same old way, ask if you want to be a prisoner of the past or a pioneer of the future.” ~Deepak Chopra

“If a man speaks his mind in the forest and no woman is around to hear it, is he still wrong?” ~Ken Robinson 😊

**Stone Soup**

Three travelers returning home were hungry. When they saw a village ahead, their spirits lifted—they were sure the villagers would give them a meal. But when they got there, they found the doors locked and the windows closed. After many years of austerity, the villagers were short of food and hoarded what they had.

Undeterred, the travelers boiled a pot of water and carefully placed a stone into it. The amazed villagers came out to watch. “This is Stone Soup”, the travelers explained. “Is that all you put in it?” asked the villagers. “Absolutely—although some say it tastes even better with a few carrots.” A villager ran off, returning in no time with a basket of carrots from his hoard.

A couple of minutes later, the villagers again asked, “Is that it?” “Well,” said the travelers, “a couple of potatoes give it body.” Off ran another villager. More villagers walked by, each adding another ingredient. Eventually the collaborative effort produced a delicious pot of Stone Soup for all to enjoy. They sat down with the entire village to enjoy the first square meal any of them had eaten in months.

When we work together, we may be surprised to find that we have more resources than we thought we had.

May we all trust in the deep calling of our souls so that we can benefit from the contributions we each came here to make...for the Highest Good of All. Happy 2020! Blessings of Joy, Peace and Love, Val & Jeanette ❤️

